

Useful website addresses for new parents

www.babycenter.com

for comprehensive information about baby illnesses

www.baby-talk.co.uk

<http://babyparenting.about.com/od/newborns04weeks/>

has specific information for parents of babies up to one month old

http://www.bbc.co.uk/health/first_aid_action/flash/quiz_choke_bab/index.shtml

has an interactive quiz about the appropriate steps to take if your baby chokes

<http://edition.cnn.com/HEALTH/library/PR/00042.html>

this particular page offers information on baby-proofing your home, but forms part of a much larger site on health, covering many aspects of caring for babies

<http://www.pantley.com/elizabeth>

for an article entitled 'How to have a happy marriage when you're busy being parents' plus lots of articles about parenting.

www.talktoyourbaby.org.uk

for information about encouraging communication between parents and their babies

<http://www.patient.co.uk/showdoc/23069092/>

for information on reducing the risk of cot death.

<http://www.nice.org.uk/page.aspx?o=17325>

to download a booklet on induction of labour by the National Institute of Clinical Excellence

<http://www.understandingchildhood.net/leaflets.html>

for lots of leaflets to download free about child development. These are produced by the Child Psychotherapy Trust

<http://www.sids.org.uk/fsid/frontplay.htm>

for information about babies playing on their tummies